

Continuation on Active Duty (COAD)/ Continuation on Active Reserve (COAR) Process: Placing ARNG Soldiers found unfit by the Physical Evaluation Board (PEB) in the COAD/COAR program

Point of Contact

Division: Personnel Division (ARNG-HRP)

Description

Soldiers who are found unfit for duty by a Physical Evaluation Board (PEB) may apply for COAD/COAR regardless of the extent of their injuries. To be eligible for COAD/COAR, a Soldier must meet at least one of the following requirements:

- Has served 15 but less than 20 years of active Federal service for COAD or 15 but less than 20 qualifying service years for non-regular retirement for COAR
- Is qualified in a critical skill or shortage Military Occupational Specialty (MOS)
- Has a disability as a result of combat or terrorism

Soldiers must be able to work in a military environment without adversely affecting their health or requiring extensive medical care. They will be periodically re-evaluated to determine if further duty is harmful to their health or detrimental to their interests or the Army's. Soldiers who later incur a service obligation remain liable to complete that obligation up to the expiration of the COAD/COAR agreement. Soldiers will be referred for a physical no less than every 2 years to confirm whether their disability has worsened.

Regulations and Supporting Resources

[AR 40-501, Standards of Medical Fitness](#)

[AR 600-8-19, Enlisted Promotions and Reductions](#)

[AR 635-40, Physical Evaluation for Retention, Retirement, or Separation](#)

Documents and Forms

DA Form 199, Physical Evaluation Board (PEB) Proceedings

DD Form 214, Certificate of Release or Discharge from Active Duty

[NGB Form 22, National Guard Report of Separation and Record of Service](#)

Orders

Related Processes

N/A

Systems

N/A

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